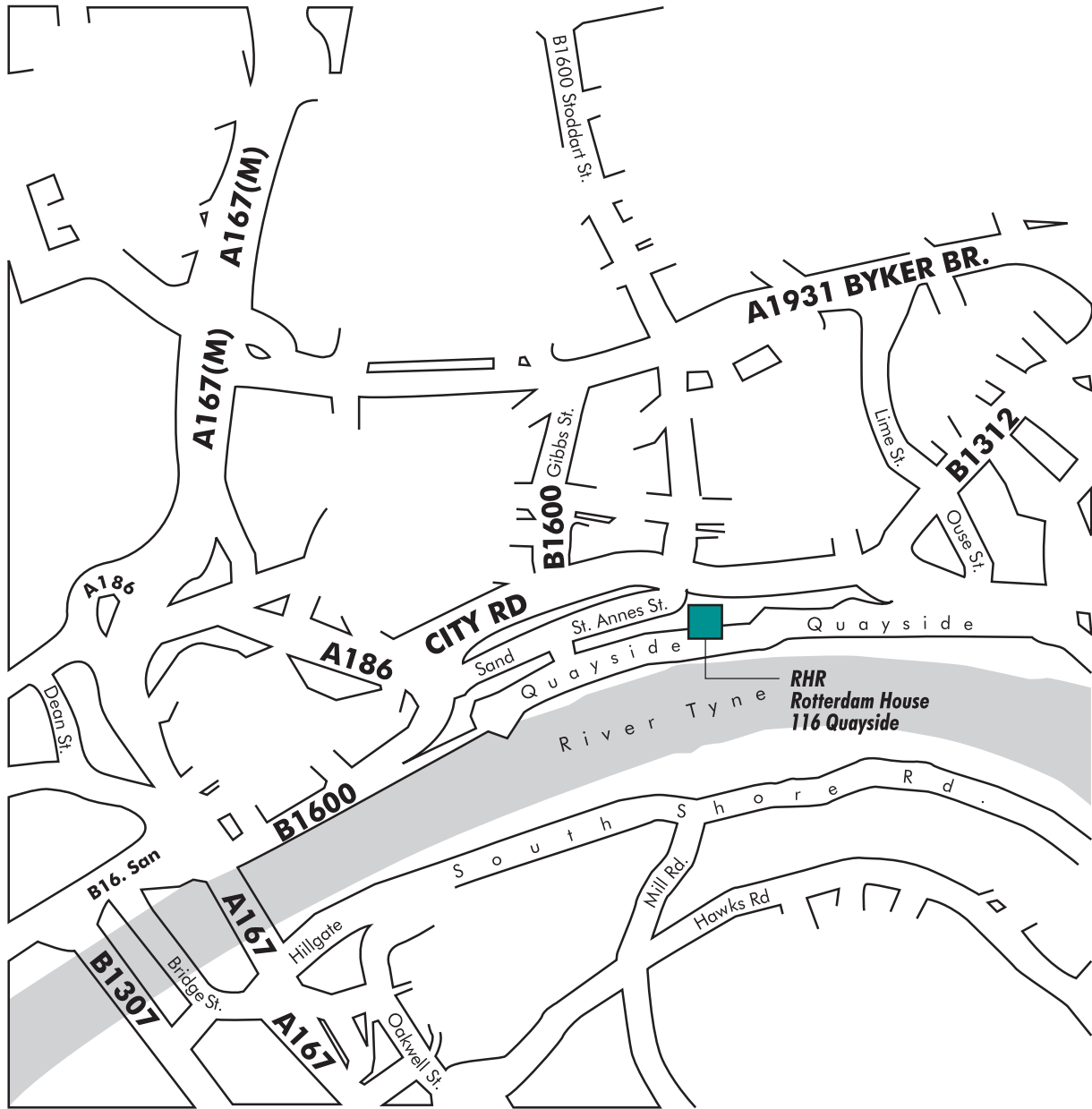


Newcastle Map

Rotterdam House, 116 Quayside, Newcastle upon Tyne NE1 3DY · Tel: 0191 206 4002



How to get there

By road

1. Exit the A1M at Junction 65 onto the A1 and continue for about five miles.
2. Take the A184 signposted to Gateshead/Newcastle.
3. Stay in the outside lane and take the flyover over the first roundabout.
4. Take the first left off the bridge and turn left at the roundabout.
5. Go under the bridge and continue straight ahead at the lights.
6. Follow the road round towards Quayside and go straight ahead at the next junction.

7. Turn right at the next roundabout under the Tyne Bridge.
8. Go straight on at the traffic lights and right just after the next set of lights. RHR is on the right in the Regus building.
9. Parking is available in St. Ann's car park, adjacent to Rotterdam House.

By public transport

1. The office is a short walk from local bus routes.
2. Alternatively the office is five minutes walk from either Manors metro station, or Newcastle central railway station.